

JULY 2006

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						1 Seoul Chicken, Braised Bok Choy with Garlic
2 Leftovers Tuna Melts, Clam Chowder	3 Baked Pecan Chicken, Salad	4 Woody's Burgers, Creamy BBQ Sauce, Broccoli Salad Ham & Pepper Jack Quiche	5 Leftovers Maple Pecan Muffins	6 Broiled Tilapia, Green Beans & Portobello Saute, Salad	7 Warm Chicken Piccata Spinach Salad	8 Zucchini Pizza Pie, Salad
9 Texican-Lime Chicken Skillet, Salad	10 Atkins Meatloaf, Skillet Carrots, Salad Swiss Onion Quiche	11 Meatloaf Patty Melt, Creamy BBQ Sauce, Salad	12 Deep Dish Pizza, Salad	13 Pork Roast, Green Beans Almondine, Salad	14 Quick Thai Green Curry with pork, Stir-Fried Vegetables	15 Hearty Bacon Cheeseburgers, Moravian-Style Slaw
16 American Steakhouse Chicken, Zucchini Sour Cream & Jack Bake, Salad Sausage Quiche	17 Taco Skillet, Salad	18 Leftovers	19 Chicken Monterey, Salad	20 Easy Corned Beef & Cabbage	21 Easy Cheesy Chili Chicken, Salad	22 Chili Dogs Quiche Lorraine Frittata
23 Broile Tilapia Parmesan, Zucchini, Salad Broccoli Quiche	24 Italian Casserole, Salad Green Enchilada Chicken	25 Leftovers	26 Sausage Links, Mustard Slaw	27 Spoon Burgers on Carbquik Cheddar Buns, Mustard Slaw	28 Asian Beef over Stir-Fried Bok Choy Tijuana Quiche	29 Green Bean Tuna Casserole, Salad
30 Steak, Sauteed Mushrooms, Dottie's Green Bean Casserole, Salad	31 Awsome Individual Pizzas, Salad					