

JULY 2004

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				<p>1 Good Basic Chili, Salad</p> <p>(thaw pizza sauce?, 1lb Ital. sausage, bacon?)</p>	<p>2 Deep Dish Pizza, Broccoli Salad</p> <p>(save 1/2 Ital. sausage for Sunday, cook bacon)</p>	<p>3 Leftovers</p>
<p>4 Green Enchiladas, Mexican "Rice", Salad</p> <p>Zucchini & Italian Sausage Quiche</p> <p>(thaw 3 boneless breasts, make crepes)</p>	<p>5 Parmesan Baked Chicken, Boston Market Creamed Spinach, Salad</p> <p>(thaw 2 cups cooked chicken, 1 cup broth)</p>	<p>6 Omelets, Creamy Tomato Soup</p> <p>Chicken Salad</p> <p>(thaw 1.5-2lbs burger, make slaw)</p>	<p>7 Hamburgers with Sauteed Mushrooms, Freezer Coleslaw</p> <p>(thaw 1lb burger, 1lb pork sausage)</p>	<p>8 Spicy Sausage & "Rice" Casserole, Salad</p> <p>White Castle Hamburger Pie</p> <p>(thaw 4 boneless breasts, 1 cup chicken broth)</p>	<p>9 Swiss Mushroom Chicken, Broccoli Casserole, Salad</p> <p>(thaw 1lb burger, 1lb. Ital.sausage)</p>	<p>10 Leftovers</p> <p>(thaw pasta sauce?)</p>
<p>11 Baked Meatballs with pasta sauce over Zucchini Noodles, Salad</p> <p>(thaw 3-4 cups cooked chicken)</p>	<p>12 Leftovers, Mocha Nut Torte</p> <p>(thaw bacon?, 1 cup chicken broth)</p>	<p>13 Chicken Divan, Salad</p> <p>Bacon & Swiss Quiche</p> <p>(thaw 1lb. burger)</p>	<p>14 Leftovers</p>	<p>15 Sloppy Joe Stuffed Peppers, Cauli-Slaw</p> <p>Egg Salad</p> <p>(thaw 1lb. pork sausage)</p>	<p>16 Sausage Quiche, Cauli-Slaw, Salad</p>	<p>17 Antipasto Salad</p>
<p>18 Oven-Baked Asian Omelet, Salad</p> <p>(thaw 2lb burger, shrimp?, guacamole)</p>	<p>19 Taco Salad, Guacamole</p> <p>Mexican Quiche</p> <p>(thaw 10oz. spinach)</p>	<p>20 Leftovers</p> <p>Spinach Beef Bake</p> <p>(thaw 1lb burger, 1lb Ital. sausage)</p>	<p>21 Leftovers</p> <p>(thaw 10oz. spinach, pasta sauce?)</p>	<p>22 Spinach Lasagna Variation, Salad</p> <p>(thaw strawberries)</p>	<p>23 Leftovers, Strawberry Crepes</p> <p>Ham & Mushroom Quiche</p> <p>(thaw 2c. cooked chicken)</p>	<p>24 Leftovers</p> <p>(thaw bacon? and save 3 slices for Monday)</p>
<p>25 Cheesy Chicken Broccoli Casserole, Salad</p> <p>(thaw 1lb burger, 1lb Ital. sausage)</p>	<p>26 Tuna Muffins, Tartar Sauce, Pam's Grandma's German Salad</p> <p>(make tartar sauce in a.m. & boil 2 eggs)</p>	<p>27 Wild "Rice" Baron, Salad</p> <p>Sausage Cheese Muffins</p>	<p>28 Leftovers</p> <p>(thaw 5-6 boneless breasts, fajita marinade?, guacamole)</p>	<p>29 Chicken Fajita Salad, Guacamole</p> <p>(marinate chicken in a.m.)</p>	<p>30 Leftovers, Brownies</p> <p>(thaw 1lb. burger)</p>	<p>31 Leftovers</p> <p>(thaw 1c. chicken broth, 10oz. spinach, bacon?)</p>