

DECEMBER 2005

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|---|---|---|--|---|---|
| | | | | 1 Leftovers (thaw 4c. dic. chicken, 1c. chick. broth) | 2 Roast Beef, gravy, sauteed cabbage, salad (thaw 6 breasts) | 3 Chicken Divan, salad |
| 4 Fajitas Salad, Cilantro Pepita Sauce Smoked Salmon Quiche with Dill | 5 Leftovers Sandwiches on Flax Buns | 6 Leftovers | 7 Leftovers | 8 Leftovers (thaw 1lb. burger, 1lb. pork sausage, burger patties) | 9 Hamburgers with Creamy BB Sauce, BLT "Potato" Salad (thaw 4 breasts, hard boil eggs) | 10 Country-Cabbage Soup, Cheddar Bay Biscuits Sausage Quiche (thaw 1lb. burger) |
| 11 Green Enchilada Chicken, salad (thaw 2 whole chick- ens) | 12 Hamburger Gravy with Mashed "Potatoes", salad | 13 Leftovers (thaw 2lb. burger) | 14 Roast Chicken, gravy, Broccoli, salad (thaw 2c. chick. broth) | 15 Shepherd's Pie, salad (thaw 2lb. fish) | 16 Leftovers Ham & Swiss Quiche | 17 Easy Corned Beef & Cabbage, salad Fish Cakes, Tartar Sauce, salad (thaw 2lb. burger, 3c. chick. broth) |
| 18 Leftovers Yummy Pancakes Cauliflower Bisque | 19 Taco Salad, Cilantro Pepita Sauce (thaw 4 breasts) | 20 Leftovers (thaw 1lb. burger) | 21 Leftovers Salsa Chicken | 22 Pineapple Meatballs, Fried "Rice", salad Mushroom Quiche (thaw 1lb. fish) | 23 Leftovers (thaw 3 breasts, make ice cream cubes, thaw 4c. chick. broth) | 24 Crab & Mushroom Soup, Baked Fish, Green Beans Al- mondine, salad Raspberry Almond Crumb Cake (thaw 1lb. pork sausage) |
| 25 Parmesan Chicken, salad, Zucchini with Mushrooms, Easy Str- wberry Ice Cream | 26 Green Bean Tuna Casserole, salad (thaw 1lb. burger) | 27 Leftovers Pork Rind Pizza, salad (thaw 4 breasts, 3 1/2 c. chick. broth) | 28 Creamy Southwest- ern Taco Soup, salad Swiss Onion Quiche (thaw 1lb. burger, 1lb. Ital. sausage) | 29 Salsa Chicken, salad (thaw 10oz. spinach) | 30 Spinach Lasagna, salad | 31 Leftovers |