

APRIL 2005

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>I want to note that my menu may be a little out of the ordinary the second and third weeks of April. My friend is coming from England to visit me for two weeks and we will be eating out quite a bit and will spend a couple days in Galveston. Whenever we are home, we will eat low carb.</p>				<p>1 Slow Cooker Thai Curry Beef, Salad</p>	<p>2 Pork Roast, Vegetables, Salad</p> <p>(make Almond Thins and freeze - freeze leftover pork for later)</p>	
<p>3 Leftovers</p> <p>(thaw 4 cups cooked chicken)</p>	<p>4 Green Enchilada Chicken, Salad</p> <p>(make ranch dressing, thaw 2lb burger)</p>	<p>5 "Spaghetti" with Zucchini "Pasta", Salad</p> <p>Sausage Quiche</p> <p>(thaw Italian sausage)</p>	<p>6 Tuna "Rice" Casserole, Salad</p> <p>Portobello Pizza</p>	<p>7 Sloppy Joe Stuffed Peppers, Salad</p> <p>(thaw 3 cups chick. broth, 3 chick. breasts)</p>	<p>8 Leftovers</p> <p>Cauliflower Bisque, BLT Chicken Salad, Cajun Smoked Salmon Dip, Almond Thins</p> <p>(boil eggs)</p>	<p>9 Out for dinner</p> <p>Leek Quiche</p>
<p>10 Galveston</p>	<p>11 Galveston</p> <p>(thaw 1lb burger, 1lb Italian sausage, 10 oz. spinach)</p>	<p>12 Spinach Lasagna, Salad</p>	<p>13 Leftovers</p> <p>Tuna Muffins, Creamy Horseradish Sauce, Broccoli Salad</p>	<p>14 Out for lunch</p> <p>Out for dinner</p> <p>Mushroom & Swiss Quiche</p> <p>(thaw 3lb burger)</p>	<p>15 Taco Salad, Guacamole, Mex. Hot Sauce, Cilantro Pepita Dip, Jalapeño Poppers</p>	<p>16 Leftovers</p> <p>Pork Rind Pizza, Salad</p> <p>(thaw leftover cooked pork)</p>
<p>17 Pork & Bell Pepper Stir-Fry, Salad</p> <p>Leftover Taco Salad</p> <p>(thaw 4 breasts, 4 cups diced cooked chicken)</p>	<p>18 Leftovers</p> <p>Houston Chicken, Salad</p> <p>(thaw 1lb pork sausage)</p>	<p>19 Chicken Divan, Salad</p> <p>Sausage Quiche</p> <p>(thaw 1lb burger)</p>	<p>20 Leftovers</p>	<p>21 Pineapple Meatballs, Faux Fried Rice, Salad</p>	<p>22 Leftovers</p> <p>Egg Salad</p> <p>(thaw fish, boil eggs)</p>	<p>23 Baked Fish, Vegetable, Salad</p> <p>(thaw 6 breasts)</p>
<p>24 Fajita Salad, Guacamole</p> <p>(thaw 2lb burger, marinate chicken in a.m.)</p>	<p>25 Leftovers</p> <p>Ham & Pepperjack Quiche</p>	<p>26 Roast Meatloaf, Mexican "Rice", Salad</p>	<p>27 Leftover Meatloaf with Sauteed Mushrooms and Onions</p> <p>(thaw 2lb. burger)</p>	<p>28 Pork Rind Pizza, Salad</p>	<p>29 Tuna "Rice" Casserole, Salad</p> <p>Basic Chili</p> <p>(thaw 2 cups chick. broth)</p>	<p>30 Leftovers</p> <p>Emerald Isle Soup</p>